



Mission: To further friendly relations among the Chinese and various Chinese societies in the State of Hawai'i to promote projects of benevolence, charity, and cultural awareness; and to promote the welfare of the Chinese community.

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Greetings from President Mona M. Choy



Aloha,

As many countries are saying “goodbye” to their summer, we continue to enjoy our beautiful Hawaiian sun year-round! We are lucky living in Hawaii. Hawaii’s status as a “melting pot” due to its diverse mix of cultures is truly something to behold, bringing together a rich blend of traditions and peoples. In so many joyous events of this year, such as the beautiful Annual Aloha Parade, the Korean Festival, Okinawan festival, 75th anniversary of the China National Day, Chinese Mid-Autumn Festival, and 113th birthday of

Republic of China, we see the many-colored cultural tapestry of the islands. During each of these celebrations, we enjoy the festivities and cuisine of a different region or country. These celebrations make Hawaii a unique place to live.

Our theme this year, “Reconnection and Growth,” continues to guide us as we strengthen our distinct threads in that tapestry. On August 11, we sponsored our annual Family Picnic, with more than 400 members and their ohana gathering for a day of fun. We’d like to thank you all the hard-working officers and UCS volunteers, it could not have been such a big success without you!

On August 17, our trustees served the community as part of the Annual Chinatown cleanup. There were over 250 volunteers, including Mayor Rick Blangiardi and his team. The volunteer’s lunches were again generously provided by Murphy’s Bar and Grill.

On September 14, we hosted a photo booth and blood pressure checkup station at the annual Mid-Autumn Festival. Thank you to our chair Edna Wong, volunteers, and Dr. Wendell Foo for organizing students from John A. Burns School of Medicine to participate in giving our community the opportunity for free blood pressure screening.

Congratulation to our new Hall of Honor recipient Mr. Eddie Flores, Jr. We’re excited to celebrate Mr. Flores’ achievements and contributions to the United Chinese Society, the Chinese community, and the people of Hawai’i with an extraordinary night of festivities and good cheer, culminating in inducting him into the Hall of Honor as well as naming our esteemed officers for next year. We hope you’ll join us at the ceremony on December 1, 2024, at Jade Dynasty Seafood Restaurant.

As always, your feedback and suggestions are vital to improving our programs and identifying topics of interest, so please don't hesitate to contact us. We look forward to hearing from you!

Xie Xie and Mahalo Nui Loa!

Mona M. Choy

Mona M. Choy
President

Calendar of Events

December 1 Installation Banquet and Hall of Honor Award Presentation

Please note that events and dates are subject to change. For more information about any of these events, please visit the website, www.ucsofhawaii.com. Mahalo!

Chinatown Cleanup 2024

On Saturday, August 17, 2024, UCS Officers, Trustees, and members participated in the Chinatown Cleanup organized by the Chinese Chamber of Commerce of Hawaii. They helped to paint over graffiti on the bridges on River Street and Hotel Street.



If you have anything you would like to share for this e-newsletter, please email ucshicom@gmail.com. UCS reserves the right to review, edit, and reject any submissions for publication. No solicitations of any kind are allowed.

2024 Mid-Autumn Moon Festival

Chinatown808 hosted another successful Mid-Autumn Festival at the Chinese Cultural Plaza where UCS sponsored a photo booth and sold lighted paper lanterns. Kids (and adults) of ALL ages enjoyed taking photos with the mid-autumn props, and so many who purchased lanterns were able to use them in the evening parade! It was a fun-filled time for all!

This year, with the guidance of Dr. Wendell Foo and Dr. Glenn Pang, medical students from University of Hawaii's John A. Burns School of Medicine (JABSOM) volunteered offering free blood pressure tests. These students were very professional as they gave each person a card with the blood pressure reading explaining what the numbers meant. Thank you so much to Dr. Foo, Dr. Pang, Johnny Zheng, Kyle Xia, Tyler Liu, Yingchun Shen, and Lauren Nguyen for your time and service!

A big shout out to the following UCS friends who volunteered time to help at the booth: Marsha Au-Maxwell, Victor Lim, Robert Wong, Robert Yu, Wendy Mow, and Gerry Yee! Your service commitment is truly appreciated. None of this could happen without member support! Lastly, congratulations to Leonard, Lori and Lisa Kam along with other Chinatown808 members for a successful celebration and for allowing UCS to participate!

Submitted by Edna Wong



UCS NexGen Inaugural Speaker Series Event

The recent UCS NexGen event, "Heritage & Vision: A Spotlight on Leaders Shaping Hawai'i," featuring the inspiring Elisia Flores, CEO of L&L Hawaiian Barbecue, was held on October 4, 2024. Attendees were deeply engaged as Elisia shared her remarkable journey in building a thriving multi-generational franchise, emphasizing how heritage shapes leadership values and community service. Her relatability and insights made for an enriching experience for all. A special thank you to our moderators, Jill Fukumoto and Kendrick Chang, who did a fantastic job facilitating the discussion and ensuring a smooth flow throughout the evening. Thank you to everyone who joined us for this memorable event!



UCS Annual Family Day Picnic 2024

UCS was excited to host our annual Family Picnic on Sunday, August 11, 2024, at Kapiolani Park.

We would like to thank everyone who made monetary donations, donated prizes, food, and supplies and those who volunteered at the picnic. We appreciate everyone who came out to support this event to help make it an enjoyable day filled with fun games, great prizes, and delicious food.





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Congratulations to Palolo Chinese Home!

On August 30, 2024, UCS President, Mona Choy, attended a grant ceremony at Palolo Chinese Home (PCH). PCH was awarded the Older Adult Home Modification Grant by the U.S. Department of Housing and Urban Development (HUD). This \$1.24 million grant will empower PCH to provide eligible seniors with up to \$5,000 in home modifications, allowing them to age safely and comfortably in their own homes. It's a tremendous honor, especially as Palolo Chinese Home is the only organization in Hawaii to receive this grant. The event was attended by Dr. Taneka Blue from the Federal HUD Office, Lieutenant Governor Sylvia Luke, and other key leaders.



Member Society Updates

Kung Sheong Doo Society

Kung Sheong Doo (KSD) held its annual Summer Picnic on August 11th at Ala Moana Park. KSD members enjoyed games, door prizes, Young's Fish Market Lau Lau plates, watermelon, and our signature root beer floats. KSD President Liane Fu and Past Presidents, Elsie Hu, Vivian Loo, and Wes Mun are shown here with members of our Youth and Scholar Cultural Education Programs.



Chinese Women's Club of Honolulu

The Chinese Women's of Honolulu (CWC) will be celebrating its 96th Christmas Installation Luncheon at Oahu Country Club on Sunday, December 8, 2024, 10:30 a.m. to 1:30 p.m. Hilda Thomas is the outgoing president and Roberta Wong Leung will be the 2025 president. For luncheon reservations contact Leonora Loo at leonora.loo143@hotmail.com or Jerilyn Jeffries at jerilynjeffries@msn.com.

Submitted by Gretchen Jong, CWC Secretary

Lum Sai Ho Tong **Hungry Ghost Festival** **August 18, 2024**

On the seventh month of the Chinese lunar calendar the gates to the underworld open up and the spirits of the deceased are free to mingle with the living. According to belief, the spirits are hungry so on the 15th day of seventh month Chinese communities throughout the world hold a festival to appease the wandering ghosts. This festival is called Chung Yun, or Hungry Ghost Festival. As with tradition, Lum Sai Ho Tong held a celebration in which prayers were given, plates of food prepared and paper money金銀紙 (gam ngan) burned.



Outside Lum Sai Ho Tong plates of food are placed for the hungry ghosts. We prepared Hawaiian food to honor all the Hawaiian people who lived here for centuries.



Faux paper money is also burned as offering for the wandering ghosts.

Many cultures throughout the world share the same belief that each year the dead visit the living and do similar festivals (ie. Dia de los Muertos Day of the Dead in Mexico, Obon in Japan).

Ching Clan Benevolent Society

On Saturday May 4, 2024, the Ching Clan Benevolent Society celebrated its 75th Anniversary and Installation of the 2024 Officers at the beautiful, picturesque Oahu Country Club with 140 guests in attendance. A Blessing from the Asian Lion Dance Team started the festivities.

A scrumptious Buffet lunch was served. Cynthia Yip did an outstanding job as the MC. Cory M. Chun State House of Representative District 35 swore in President Sharlene Y. Chun, Vice President Michele Ching Choy, Treasurer Pearl K.M. Ching, Secretary Grant Ching, Assistant to the Treasurer Dr. Kin Ming Ching. We were entertained by Dr. Juanita Ching Liu on the Moon Harp and singing several beautiful Chinese songs and Chantel Ching Bal gracefully dancing the hula. President Chun was presented with a Proclamation from the City Council presented by Calvin Say and a Proclamation from the House from Jenna Takenouchi and Cory M. Chun.

To celebrate 75 years each past President was honored and was presented with a beautiful gift bag filled with goodies. Douglas Chong gave a toast and told everyone a little history of the Ching's as being a vital and integral part of Hawaii. Many dignitaries and family and friends witnessed this auspicious day.



Organization of Chinese American Women (OCAW)

The Organization of Chinese American Women (OCAW) held a Harvest Moon Tea in celebration and history of the mooncake with a mini fundraiser silent auction on Sunday, September 15, 2024. This was held at the beautiful Oahu Country Club. Assorted tea sandwiches were served along with assorted scones and mini pastries, accompanied with a cup of tomato bisque soup and a choice of assorted hot teas, hot coffee or iced tea. Homemade mooncakes were given as favors made by Miss Chinatown Queen Sarah Liu and assisted in packaging the mooncakes was Ellie (Caroline) Feng, Miss Chinatown Princess. The centerpieces were beautifully handcrafted by Ellie (Caroline) Feng symbolizing the full moon decorated with flowers and a Chinese lantern accompanied with a hanging Jade Rabbit charm. A bottle of Hau Yau (oyster sauce) donned in a satin cheongsam was auctioned off on each table. We started with a prayer from 14-year-old Jamie Chun and the Pledge of Allegiance. The speaker that day was Claire Chao who co-authored the book *Remembering Shanghai* with her late mother Isabel Sun Chao. Thanks to the help of our Media team of Ross Lee, Johnny Ng, Rosario Peterson, and Brian Lau, we were able to FaceTime Claire Chao as she was slowly recovering from COVID and couldn't do her talk in person. Thank you goes to Douglas Chong for his historical explanation of the mooncake and the Jade Rabbit on the moon. Douglas also explained the love story of Chang Er who became the Moon Goddess. Queenie Mow Chee did a fabulous job as our MC. Entertainment was Shanghai songs sung by Dr. Juanita Liu, and also a song from Ellie (Caroline) Feng. The Miss Chinatown Court modeled their beautiful cheongsams they wore in the contest accompanied on the moon harp with Dr. Juanita Liu. We were honored to have Princess Jacelyn Ho who later became Miss Hawaii Chinatown Queen after winning the title on the mainland. Thank you to the many donors for their donations to our silent auction which made it successful. Thank you to Claire Chao for donating 3 cases of her book *Remembering Shanghai* for our fundraiser. It was an enjoyable Cultural experience, and everyone had fun learning about the Harvest Moon and the symbolism of the mooncake and going home with lots of goodies. Thank you for attending our Harvest Moon Tea.





Palolo Chinese Home

Five Star Facility and Proud Finalist for BEST ADULT SENIOR DAY CARE

We are thrilled to announce that Palolo Chinese Home has recently achieved a 5-star rating! This recognition reflects the dedication of our staff and our unwavering commitment to providing exceptional care and services to Hawaii's senior community. With a rich history spanning over 128 years, Palolo Chinese Home has consistently served the community with compassion, dignity, and respect. We continue to evolve and expand our services to meet the needs of our residents and their families. From skilled nursing care and care homes to engaging in senior day programs, we are dedicated to creating a safe, welcoming, and enriching environment for all those we serve.



We are also honored to be recognized as a finalist for Best Adult Day Care in both the *Hawaii's Best 2024 People's Choice Awards* by the *Honolulu Star-Advertiser* and the *Best of Honolulu 2024* by *Honolulu Magazine*. These accolades are a testament to our hardworking staff, supportive families, and the amazing community that continues to believe in us.

Mahalo nui loa to everyone who voted and helped us achieve these milestones. Your trust and support enable us to provide outstanding care and innovative programs, from therapeutic activities to personalized health services, ensuring that our residents can enjoy life to the fullest every day.

At Palolo Chinese Home, we are committed to excellence and will continue to strive toward new heights in senior care for Hawaii's cherished kupuna. Thank you for being part of our journey!



Associated Chinese University Women (ACUW)

ACUW Membership Drive Mahjong Event – Sandy Young, Membership Committee Chair

The “Pung.” “Dui dui hu!” “Gee mo.” “Why can’t I take her card to make a run?” These were some of the comments and questions heard at the Membership Drive Mahjong event. Fourteen ACUW members and three prospective member guests gathered for a healthy breakfast consisting of fresh strawberries and blueberries with Greek yogurt (no sugar added), sliced Hamon sweet melon, and freshly picked tangerines from Edwina Lee’s yard, a variety of toasted breads (raisin nut, blueberry and cinnamon bagels, whole wheat English muffins with special butter, cream cheese, strawberry jam), assorted muffins (chocolate, banana nut and bran), freeze dried 100% Kona coffee, Dragon Well Tea from Nanjing, and pure orange juice with no sugar added and homemade Haupia Okinawan bars (made by Deb Lew-Wong.) Snacks during play time, consisted of Trader Joe’s Raw Nut Trail Mix (Sandy Young), assorted Japanese crackers (Allison Eberly), Organic Coconut Crispy Rollers (Frances Goo), candy (Jennifer Chun) and bottled water. THEN THE GAMES BEGAN!

For the next 2.5 hours, the four advanced players, Edwina Lee, Frances Goo, Jerilyn Jeffryes and guest, Sharlene Tom, and four intermediate groups, Deb Lew-Wong, Sandy Lee and guests, Donna Quon and Tracy Wong, tried to see who would end up with the most points in chips.

Meanwhile, three newbies, Ann Pang, Michela Hammond, Brenda Young Matsui and their teacher, Darlene Robertson, reviewed the rudiments of the game like how to build a mahjong wall, the use of flowers, and how to start the basic game.

The other newbie group consisting of Jennifer Chun, Ruby Jung, “Cappy” Sin, Diane Fujio, and their teacher Sandy Young, had fun learning through the “open cards” method, how to start playing the game, how to count their points and the best ways to make constant substitutions in their minds and with their tiles.

Congratulations to winners Jerilyn Jeffryes, Tracy Wong, Brenda Young Matsui, and Cappy Sin for winning the most points at their respective tables. Each of the winners received a \$10 gift card from donors Allison Eberly (2), Serena Kyi-Yim, and Sandy Young.

With contributions of prizes, food, and supplies from Membership Committee Members, and a \$5 contribution from participants, there was no cost to ACUW for this enjoyable learning activity.

Mahalo to those who helped in making this a very successful and fun way to learn one of China’s oldest and enjoyable past times, mahjong. Mahalo also to Jerilyn Jeffryes for distributing name tags Darlene Robertson for supervising where needed and to all for helping to set up and clean up the Party Room at 1350 Ala Moana Blvd. where the event was held.





2024 Membership Committee: Sandy Young, Chair, and Committee Members, Deb Lew-Wong, Allison Eberly, Diane Fujio, Serena Kyi-Yim, and Edwina Lee, ED Liaison.

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“UH Cancer Center Tour” – Anna Chang, Shari Lee-Huntoon, Interest Committee Co-chairs

A very informative afternoon at the UH Cancer Center,” said Cappy Sin.

“I learned a lot about cancer. It was very educational with ideas and advice,” commented Sandi Shiroma.

Twenty-eight ACUW members met with Dr. Maria Rivela who discussed diet, nutrition and cancer prevention. She told us about an app they’re using where all you have to do is take a photo of the food you’re about to eat, and the app will tell you if it is healthy or not! Unfortunately, this app is not yet available to the public.

We learned that there is a strong correlation between obesity and cancer. A plant-based diet with a variety of fruits and vegetables (such as the Mediterranean diet), coupled with a good exercise program and stress management, will reduce obesity and the risk of cancer.

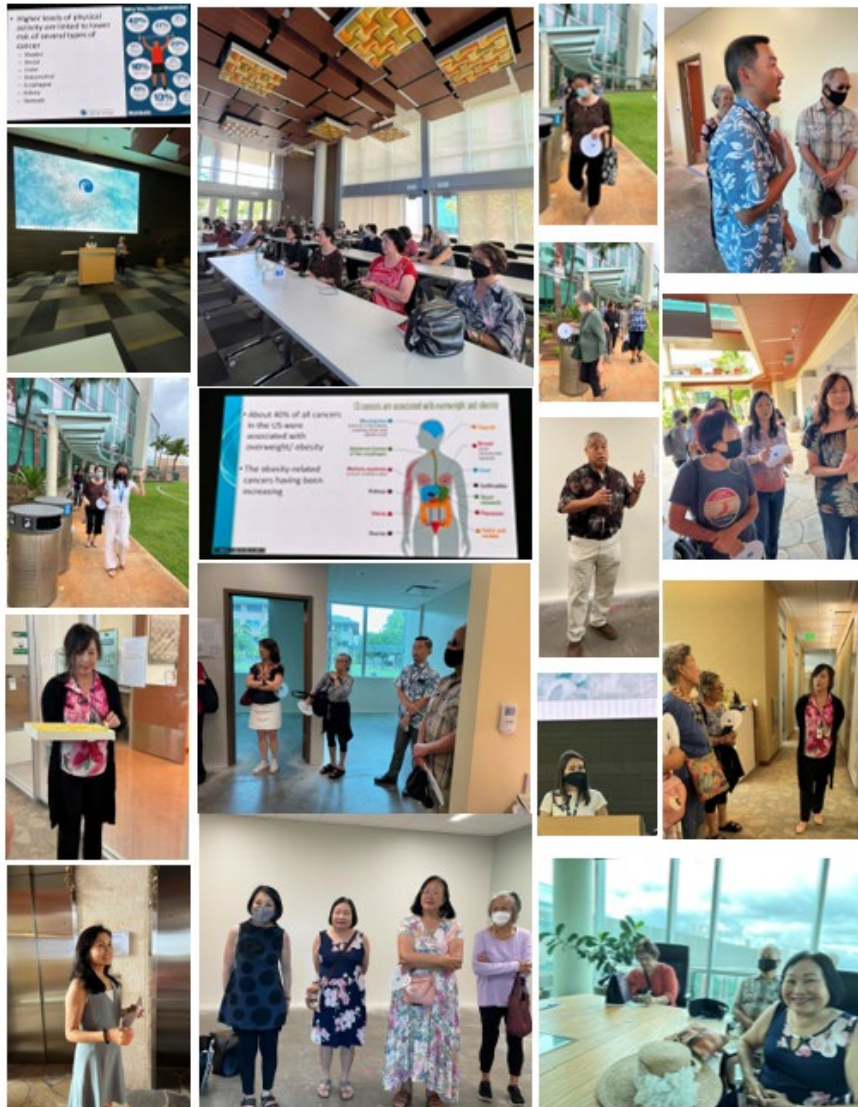
Dr. Brenda Hernandez, working in the 2R Wet Lab, discussed the on-going studies of various cancerous tumors and how COVID has prevented more cancer patients from being screened and treated.

Many of the ACUW members asked questions about the Center’s clinical trials as we toured the lab that is still in the process of being built. Dr. Toshiaki Iwase, of the Early Phase Clinical Research Center, explained the different phases involved in these trials.

Dr. Jami Fukui, a breast cancer oncologist who teaches at the John A. Burns School of Medicine and works with patients at Kapiolani Medical Center for Women & Children, also answered questions about breast cancer and the connection between obesity and different types of cancer.

Many of us left with the realization that we each need to be our own “advocate,” to know what is out there and to navigate between the various cancer programs.

We thank Tawney Sablan, Michelle Hashimoto and Liz Kuioka of the UH Cancer Center who were our gracious tour guides and Corinne Ehara, who secured parking spaces for all of us.





Lung Kong Kung Shaw Society

1432 Liliha Street
Honolulu, Hawaii 96817

Scholarship Application

Application due date Sunday, December 15, 2024

The Lung Kong Kung Shaw Society is pleased to announce our 2024 scholarship. In addition to completing this application form, applicants will be required to submit two essays and a current certified report card or transcript.

Eligibility: Eligibility is limited to applicants who meet all of the following criteria:

- Applicants must be currently enrolled full-time (minimum of 15 credit hours per semester) in junior college, college or university
- Applicants who are maintaining a 3.20 cumulative grade point average
- Applicants must not be a graduate student doing post-graduate work
- Applicants must not have previously received this scholarship

The Application and Attachments: The application form and all required documents must be submitted by the application due date of December 15, 2024. Applicants will be screened by the scholarship committee for sound moral character, personal achievements/talents, academic standing, personal goals/career aspirations, community involvement and cultural perpetuation. Applications will be considered for those who meet all requirements and submit all forms.

Required materials for a complete application:

- A completed application form
- Current **certified** report card or transcript
- A brief essay (limit one page) on their educational goals and career plans
- An essay (minimum 250 words) dealing with the perpetuation of ONE Asian value (e.g. filial piety, obligation/responsibility, propriety, benevolence, loyalty and righteousness) in a changing world.

Please print your answers	
1.	Last Name: _____ First Name: _____
2.	Current Address: Street: _____ City: _____ State: _____ ZIP: _____
3.	Phone: _____
4.	Present College: _____ Current level of education: _____
5.	Academic Interests, Affiliation, Awards: <u>Attach summary</u>
6.	Extracurricular Activities, Community participation, hobbies: <u>Attach summary</u>

Submit application form, both essays, summaries (parts D & E), and school-certified report card or transcript to:

Lung Kong Kung Shaw of Hawaii
c/o Wayden Chu
94-100 Luluka Place L201
Waipahu, Hawaii 96797



CHINESE CHAMBER OF COMMERCE OF HAWAII

75th Anniversary Narcissus Festival



presents

Chinese Cultural Class Series #1

Chinese History and Culture

Douglas Chong is a Chinese community leader, educator, Chinese historian, author, Chinese cultural practitioner and the 2024 Hawaii Living Treasure. A dynamic speaker, he is a noted authority on Chinese History who will speak on the interesting topics below. A fifth-generation American-born Chinese, Chong stands as Hawai'i's preeminent authority on the history of the Chinese in the islands, a distinction earned through decades of continuous dedication to preserving and sharing his cultural heritage. With degrees in Asian Studies, Education, and American Studies, Chong combines academic excellence with a deep-rooted connection to his heritage. His traditionalist approach sets him apart, not merely as a scholar but as a devoted cultural steward.

For thirty years, Chong has been a vital contributor to the Chinese Chamber of Commerce of Hawai'i, volunteering his expertise in conducting Chinese History and Culture classes for contestants participating in the Narcissus Pageant.

If you've never heard him, or have, but want to learn about the topics, this is a once in a lifetime opportunity to hear him.

Topics covered:

- Chinese Identity: Hawaii Chinese geographic roots, districts, dialects, surnames, lineages
- Chinese History: Ancient China, Middle China and Chinese in Hawaii, Dr. Sun Yat Sen, Chinese revolution, early migrations, plantation lifestyles, transition, adaptation
- Chinese Social Life: Customs and practices of birth, marriage, death and festivals
- Chinese Religion: Ancient China, Taoism, Buddhism, Confucianism, traditional practices
- Chinese Art: symbolism of flowers, animals, religious motifs, fruits

Date: Saturday, October 26, 2024

Time: 1:30 – 3:00 pm

**Location: Chinese Chamber of Commerce, Chinatown
Community Foundation Training & Visioning Center**

Address: 8 S. King Street, Suite 201

Fee: \$25 (check or credit card accepted)

Open to the Public

Limited Seating

Deadline to Register: October 11, 2024



Douglas D.L. Chong

MORE INFO:

WWW.CHINESECHAMBER.COM

OR CALL 808-533-3181

CLICK [HERE](#) TO REGISTER



CHINESE CHAMBER OF COMMERCE OF HAWAII

75th Anniversary Narcissus Festival



presents

Chinese Cultural Class Series #2

Self Defense through Martial Arts

Have you ever wanted to learn simple martial arts movements for self-defense? In today's ever-changing climate, why not learn how to apply these techniques to protect yourself?

Established in 1941, Gee Yung is the second oldest martial arts association in Hawaii. They are one of the few schools in Hawaii to offer a wide range of martial arts as well as lion dance. Their mission is to enrich the lives of their students and community with the Chinese heritage, promote health and wellness and teach the skills of self-defense through martial arts.

For over 25 years, Gee Yung has been an important contributor to the Chinese Chamber of Commerce of Hawai'i, providing martial arts and lion dance classes for contestants participating in the Narcissus Pageant.

Besides Hawaii, Gee Yung has schools in the following locations in San Francisco, Los Angeles and France.

Date: Saturday, November 23, 2024

Time: 1:00 – 2:30 pm

Location: Gee Yung Chinese Martial Arts, Dragon & Lion Dance Sports Association

Address: 1024 Smith St, Honolulu, HI 96817

Fee: \$23 (check or credit card accepted)

Open to the Public

Space limited to 20

Deadline to Register: November 1, 2024



MORE INFO:

WWW.CHINESECHAMBER.COM

OR CALL 808-533-3181

CLICK [HERE](#) TO REGISTER